



Treatment	Tip Size	BAR Setting	Hz Frequency	# of Shockwaves	Treatment Schedule	# of Treatments
Mortons Neuroma	1-2	0.5-1.5	8-12	1500-2000	1/wk or 2/mo	6-12
Achilles Tendonosis	1-3	0.5-2	8-12	1500-2000	1/wk or 2/mo	8-12
Plantar Fasciitis	2-4	1-3	8-13	2000-2500	1-2/wk	8-20
Lower Leg Strain	2-4	1-3	8-12	2000-3000	1-2/wk	5-10
Neuropathy (Feet/leg)	3-5	< 5	10-14	2500-3000/leg	1-3/wk	10-20
Knee OA	1-4	0.5-3.5	6-12	2000-3000/knee	1/wk	6-12
Meniscus Issues	1-2	0.5-2	6-12	1500-2000/knee	1/wk	6-12
Patella-Femoral Syndrome	2-5	1-4	8-14	2000/knee	1-2/wk	8-20
Quad/Hamstring Triggers	3-5	1-4	10-15	2000-3000	1-2/wk	As Needed
Hip OA	3-5	2-5	8-12	2000-3000	1/wk	As Needed
Hip Labral Issues	3-5	2-5	6-10	2000-3000	1/wk	6-12
Pelvic Floor - Posterior	2-5	1-4	3-8	2000-3000	1/wk or 2/mo	6-12
Pelvic Floor - Anterior	2-4	1-4	3-8	2000-3000	1/wk or 2/mo	6-12
Low Back Pain/Sciatic	2-4	2-5	8-12	2000-3000	1/wk	6-12
Mid-back / Rib heads	3-5	1-4	8-12	1500-2000	1/wk	6-12
Rotator Cuff	3-5	1-4	6-12	1500-2000	1/wk	8-16
Shoulder Labrum	2-4	1-4	6-12	1500-2000	1/wk	8-16
TOS	2-5	1-3	8-12	1500-2000	1-2/wk	8-16
Frozen Shoulder	2-5	2-4	6-10	2000-3000	1-2/wk	10-20
Tennis Elbow	1-4	0.5-2	6-10	1500-2500	1-wk	8-16
Golfers Elbow	1-4	0.5-2	6-10	1500-2500	1/wk	8-16
Carpal Tunnel	1-3	0.5-1.5	4-8	1000-2000	1/wk	6-12
Dequervians	1-3	0.5-1.5	4-8	1000-2000	1/wk	6-12
Hand OA/ Contractures	1-2	0.5-1.5	4-8	1000-2000	1/wk	6-12
General Tissue breakdown	ANY	3+	3-6	1500-3000	Every 5 Days	About 26
Stimulate Healing	ANY	< 4	8-16	2000-4000	1/wk	6-12
Trigger Points/Muscle	ANY	0.5-3	12-18	2000-4000	1/wk	6-12
Cellulite	5-6	2-5	12-18	2000-5000	1-2/wk	See Cellulite Sheets